

Join us at the Austin Texas Wiggle Your Toes Mobility Clinic!

We welcome you to attend our free and inclusive event for individuals with mobility impairment!

Wiggle Your Toes Mobility Clinics help those with limb difference increase their levels of mobility, gain freedom, learn about adaptive sport opportunities and most importantly-meet their communities!

<u>New amputees are encouraged to come sit and observe</u> <u>the clinic–and meet others!</u>

Questions? Call Leah Blix Warden at (952) 240-0671

When is it? Saturday, April 22, 2023, 10 am to 12 pm

9:30 am: Optional Meet & Greet!
10:00 am: Clinic Starts: Stretching, agility, track, core, and more!
12:00 pm: Clinic Ends
12:15 pm: Food & Fun in Zilker Park!



Register Now!



Where is it:Zilker Park, Pecan Grove Picnic Area, 2101 Andrew Zilker Rd, Austin, TXPecan Grove Picnic Area is located on the east side of Zilker Park. Enter off of
Barton Springs Drive and make a first left onto Andrew Zilker Road.
Follow the road to the end and park in the parking area.

